

University of Tennessee Medical Office 1930 Alcoa Hwy, Suite A-30 Knoxville, TN 37920

865-305-9440 | gendent@utmck.edu Hours: M-Th - 8:00 - 5:00, F - 8:00 - 2:00

West Knoxville Office

10000 Kingston Pike Knoxville, TN 37922 865-500-5700 | *west@utknoxvilledentists.com* Hours: M-Th - 8:00 - 5:00, F - 8:00 - 2:00

Extractions

If you received an extraction(s) in our office recently, here are a few things to be aware of.

- For an hour after surgery, you should place pressure on the gauze pad covering the extraction site. If bleeding continues, apply new gauze and pressure for an additional 45 minutes.
- ✓ After surgery, place a cold compress on your face near the extraction site for 10 minutes. Remove for 5 minutes. Repeat.
- Do not eat or drink hot foods and beverages after surgery.
- Do not rinse your mouth.
- Do not use a straw.
- Do not spit.
- Do not drink carbonated beverages.
- Do not brush your teeth on the day of the surgery. Then resume normal home care, gently brushing and flossing.
- Bruising, swelling, and pain are normal particularly if you have had a wisdom tooth extraction. Take your prescribed medication and use a cold compress on your face.

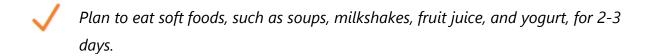


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Do not bite your lips and/or cheeks, or scrape your gums. Children should be watched carefully to make sure they don't do this. It will damage soft tissues and result in pain.